



Sports Spectacular Camp

How to Get Started

Suggested Description

For the Love of the Game, Let's Play! Sports Spectacular Camp features the best "to-do" list ever – Basketball, Soccer, Flag Football, Kickball, Capture the Flag, Wiffle Ball, Bump and Bite, Knights and Dragons, Numbers Game, Tag Games, Safe Base and MORE! OTA covers all the bases with our emphasis on playing, teamwork, sportsmanship, and fitness. Don't miss out on the FUN!

Camp Logistics

Half Day or Full Day

5 Day Week, 3 Day Week

Ages/Grade – K-6th, 3rd-6th, 7th – 10th

Location – Outside Field or Inside Turf or Gym or Multi-Use Facilities

Equipment & Gear

Tent, Tablecloth, Table, Yard Sign, Banner

Basketballs, Soccer balls, Footballs, Wiffle balls/bat, Dodgeballs, Flags, Floor Hockey Sticks,

Tennis Balls, Tennis Raquet, Kickballs

Cones – Stand Up, Circle

Jerseys – At Least Two Different Colors

Score Board/Clock – Electronic, Flip Style

Whiteboard(s)

Whistles

Camp Playbook Hard Copy Binder

Water

Giveaways/Prizes/Awards

Set Up Instructions

Camp Check In/Out Footprint & Signage:

- Tent over table w/tablecloth
- Yard sign stuck in ground beside table
- Table displayed with camp flyer, OTA marketing materials and camp binders
- Sign In & Sign Out Sheets
- Whiteboard communicating to parents any camp announcements, contact info, FAQ's or daily "highlights"

Playing Area Footprint:

- Use cones to create 40yd x 60yd field(s)
 - Drop circle cones every 5 yds on sideline walking out 60yds
 - Make as many fields as you need based on enrollment
- Divide Gym/Court/Blacktop into STATIONS

Coaches & Staff

- Staff onsite 30min prior to camp start to set up
- Make sure staff are in uniform – T-Shirt
- Make sure staff have whistle, coach folder, name tag
- Coaches Folder – Hard Copy in Hand for Each Coach

Camp Tips

Establish area for campers to drop bags, snacks, lunches, water bottles

Make sure there is a warm-up activity or ‘beat the coaches’ challenge set up when campers arrive

Have music playing on field upon campers’ arrival

Have whiteboard showing a daily camp “highlight” or game of the day

How to Run Camp

Before playing any kind of game huddle the entire camp up at mid field and divide them up.

Camp games, skills/drills and scrimmage play should always be grouped by ages.

Create leagues/divisions if you have a wide range of camper ages.

Ex. Camp has 50 kids. 25 are K-3rd graders and 25 are 4th-6th graders.

Make designated fields by age/grade

Every game, skill or drill outlined and referenced in the following comes directly from Overtime Athletics Curriculum. To locate all games, skills, drills, and instructions use our online resources.

www.otathletics.com > Instructor Login Portal > Curriculum Resources

Marked in RED are the games OTA knows works. You can plug & play any game that fits your camp needs, style or set up. There is a ‘Fill In’ to add your own games.