



OTA Sports Spectacular Camp

Day 1 – Monday

8:45 – 9:10: Registration Check In

8:45-9:10: Coaches Challenge

- Accuracy Throw (Football thru hoops)
- Basketball Foul Shot
- _____ (Fill In)

9:10 – 9:20: Welcome / Attendance Lines / AM Announcements

9:20 – 10:00: Warm Up Games

- Sharks & Minnows
- Line Busters
- Scribble Tag
- _____ (Fill In)

10:00 – 10:10: Water Break

10:10 – 10:45: Sports Station Rotations

- Basketball
- Kickball
- _____ (Fill In)

10:45 – 11:00: Water Break

11:00 – 11:30: Sports Station Rotations Con't

11:30 – 12:00: Blow Out Game

- Bump & Bite
- _____ (Fill In)

12:00 – 12:45: Lunch or Half Day Camp Dismissal

12:45 – 1:00: Attendance Lines / PM Announcements

1:00 – 1:30: Non-Sports or PE Type Games

- Harry Potter & Sorcerer's Stone
- Safe Base Tag
- _____ (Fill In)

1:30 – 2:45: Blow Out Game

- Capture the Flag
- _____ (Fill In)

2:45 – 3:00 Wrap Up / Recap and Preview / Awards / Dismissal



OTA Sports Spectacular Camp
Day 2 – Tuesday

8:45 – 9:10: Registration Check In

8:45-9:10: Coaches Challenge

- Hand Juggling
- Soccer Juggle
- _____ (Fill In)

9:10 – 9:20: Welcome / Attendance Lines / AM Announcements

9:20 – 10:00: Warm Up Games

- Ameoba Tag
- Clean Up Your Backyard
- Kooshball
- _____ (Fill In)

10:00 – 10:10: Water Break

10:10 – 10:45: Sports Station Rotations

- Flag Football
- Wiffleball
- _____ (Fill In)

10:45 – 11:00: Water Break

11:00 – 11:30: Sports Station Rotations Con't

11:30 – 12:00: Blow Out Game

- Everybodys IT Tag
- Tag Tournament
- _____ (Fill In)

12:00 – 12:45: Lunch or Half Day Camp Dismissal

12:45 – 1:00: Attendance Lines / PM Announcements

1:00 – 1:30: Non-Sports or PE Type Games

- Atomic Bomb
- Battleship
- _____ (Fill In)

1:30 – 2:45: Blow Out Game

- Steal the Bacon
- _____ (Fill In)

2:45 – 3:00 Wrap Up / Recap and Preview / Awards / Dismissal



OTA Sports Spectacular Camp Day 3 – Wednesday

8:45 – 9:10: Registration Check In

8:45-9:10: Coaches Challenge

- How Many Jump Ropes (timed)
- Bean Bag Tic-Tac-Toe vs Coach
- _____ (Fill In)

9:10 – 9:20: Welcome / Attendance Lines / AM Announcements

9:20 – 10:00: Warm Up Games

- Guard Dog
- Red Light, Green Light
- _____ (Fill In)

10:00 – 10:10: Water Break

10:10 – 10:45: Sports Station Rotations

- Soccer
- Floor Hockey
- _____ (Fill In)

10:45 – 11:00: Water Break

11:00 – 11:30: Camp Contests

- Tag Tournament
- _____ (Fill In)

11:30 – 12:00: Blow Out Game

- SPUD
- Wall Ball
- _____ (Fill In)

12:00 – 12:45 Lunch or Half Day Camp Dismissal

12:45 – 1:00 Attendance Lines / PM Announcements

1:00 – 1:30: Non-Sports or PE Type Games

- Foursquare
- _____ (Fill In)

1:30 – 2:45 Blow Out Game

- Dodgeball
- _____ (Fill In)

2:45 – 3:00 Wrap Up / Recap and Preview / Awards / Dismissal



OTA Sports Spectacular Camp
Day 4 – Thursday

8:45 – 9:10: Registration Check In

8:45-9:10: Coaches Challenge

- Goofy Golf Putt-Putt
- _____ (Fill In)

9:10 – 9:20: Welcome / Attendance Lines / AM Announcements

9:20 – 10:00: Warm Up Games

- True/False Tag
- Spiders and Flies
- _____ (Fill In)

10:00 – 10:10: Water Break

10:10 – 10:45: Big Camp Game

- Prisoners Base
- _____ (Fill In)

10:45 – 11:00: Water Break

11:00 – 11:15: Big Event / Highlight

- Coaches vs Campers – Tag or Bump & Bite
- _____ (Fill In)

11:15 – 12:00: Sports Station Rotations

- Soccer
- Handball
- Ultimate Frisbee
- _____ (Fill In)

12:00 – 12:45: Lunch or Half Day Camp Dismissal

12:45 – 1:00: Attendance Lines / PM Announcements

1:00 – 1:30: Non-Sports or PE Type Games

- Drop-Zone
- Heads Up 7up
- _____ (Fill In)

1:30 – 2:45: Blow Out Game

- Dodgeball
- _____ (Fill In)

2:45 – 3:00 Wrap Up / Recap and Preview / Awards / Dismissal



OTA Sports Spectacular Camp
Day 5 – Friday

8:45 – 9:10: Registration Check In

8:45-9:10: Coaches Challenge

- NFL Combine (40yd dash, accuracy throw, long punt)
- _____ (Fill In)

9:10 – 9:20: Welcome / Attendance Lines / AM Announcements

9:20 – 10:00: Sports & Blow Out Games – Fan Favorites

- Any Sport or Game Campers Have Loved All Week
- _____ (Fill In)

10:00 – 10:10: Water Break

10:10 – 10:45: Field Day Contests

- Relay Races (running, 3-legged, wheelbarrel)
- Tug of War
- Team Coach vs Team Coach Capture the Flag
- _____ (Fill In)

10:45 – 11:00: Water Break / Highlight

- Simon Says Tournament
- _____ (Fill In)

11:00 – 12:00: Sports & Blow Out Games Games Fan Fav Con't

- Any Sport or Game Campers Have Loved All Week
- _____ (Fill In)

12:00 – 12:45: Lunch or Half Day Camp Dismissal

12:45 – 1:00: Attendance Lines / PM Announcements

1:00 – 1:30: Non-Sport or PE Type Game

- Clean Up Your Backyard
- Knights & Dragons
- _____ (Fill In)

1:30 – 2:00: Camp Contest – Musical Chairs

2:00 – 2:45 Blow Out Games

- Dodgeball
- Sharks & Minnows
- _____ (Fill In)

2:45 – 3:00 Wrap Up / Recap and Preview / Awards / Dismissal