



Sports POD: Agenda Outline

Date: _____

- **Arrival – Homeowner/Contact Parent “Hello”**
- **Space and Gear Set Up**
- **Participant Check In and Attendance**

- **Circle Up / Announcements**
 - **Instructor Intro and Preview**
 - **Rules and Guidelines (COVID-19 Reminders)**
 - **Participant Intros (Daily Question to Get to Know Kids)**

Warm-Up Game(s): _____

Break (and Cleaning)

Skill/Drill Segment (where applicable): _____

Break (and Cleaning) w/Low Intensity Activity: _____

Games Segment: _____

Break (and Cleaning) w/Contest: _____

Games and Scrimmaging Segment: _____

Participant Dismissal + Clean Up + Next Class Prep

Departure - Homeowner “Parent Goodbye”