



OTA Tournament Camp (Target Age Group – Middle Schoolers)

How to Get Started

Suggested Description

Take a break from the Leagues, Clinics, Workouts, and Practices... and just PLAY! Join us for OTA's Tournament Camp. Tournament Camp has 7 Daily Segments, and each Segment has multiple options. Campers will be divided up into teams and compete and play throughout the day. Challenges and games will be both traditional sports (like soccer, basketball, and flag football) and non-traditional sports (like dodgeball, handball, and capture the flag). Contests and activities will also include "parlor games" (like Jeopardy and Connect 4 tournaments) and "backyard games" (like Cornhole and Bocci Ball). We can't wait to play!

Camp Logistics

Half Day or Full Day

Ages/Grade – Middle Schoolers

Location – Customize Program and Activities to match programming environment

Equipment & Gear

Pre-Camp Planning Meetings will determine what resources are necessary to run a safe and fun program. Equipment and Gear will be determined by the sports and activities chosen for each segment of the day/week.

Set Up Instructions

Camp Check In/Out Footprint & Signage:

- Tent over table w/tablecloth
- Yard sign stuck in ground beside table
- Table displayed with camp flyer, OTA marketing materials and camp binders
- Sign In & Sign Out Sheets
- Whiteboard communicating to parents any camp announcements, contact info, FAQ's or daily "highlights"

Camp Program Areas (Field/Court Footprint):

- Define Camp Meeting Area
- Equipment Storage Area
- High Intensity Sports Playing Areas
- Low Intensity Activities Playing Areas

Coaches & Staff

- Staff onsite prior to camp start to set up
- Make sure staff are in uniform – T-Shirt
- Make sure staff have whistles & a coach folder

Camp Tips

Establish area for campers to drop bags, snacks, lunches, water bottles

At arrival, make sure there is a warm-up activity or 'beat the coaches' challenge set up

Have whiteboard showing the Tournament Schedule for the Day

Have music playing upon campers' arrival

Create Trivia questions to ask all day with prizes