

PDC Plan (first 4 classes): COUNTDOWN

Programming Day Card - 1

Warm Up: Remote Control

Skill/Review: Team Work

Drill: N/A

Games:

1. Chandelier
2. Touchdown
3. Rump Shake
4. Unicorn-Stack
5. Movin On Up Cup

Things to Consider:

Facility, Age Group, Enrollment, Skill Level, Equipment

Programming Day Card - 2

Warm Up: Changing Places

Skill/Review: Confidence

Drill: N/A

Games:

1. Knock Down
2. Dino-Grab
3. Matchmaker
4. Hut Hut Hike
5. Elephant

Things to Consider:

Facility, Age Group, Enrollment, Skill Level, Equipment

Programming Day Card - 3

Warm Up: Limbo Contest

Skill/Review: Effort

Drill: N/A

Games:

1. Mad Dog
2. Dicey
3. Tweeze These
4. Hot Air
5. Breakfast Scramble

Things to Consider:

Facility, Age Group, Enrollment, Skill Level, Equipment

Programming Day Card - 4

Warm Up: Relay Races

Skill/Review: Celebrating

Drill: N/A

Games:

1. Balloon Head
2. Sink It
3. Thread the Needle
4. Don't Blow the Joker
5. Listen Carefully

Things to Consider:

Facility, Age Group, Enrollment, Skill Level, Equipment