

## **Overtime Athletics General Games (warm up) Table of Contents**

### **TAG GAMES**

1. Sharks and Minnows
2. Nose Toes Tag
3. Tag Ball
4. Ice Monster
5. Line Busters
6. Scribble Tag
7. Dr. Whooozit
8. Safe Base (Tiger Tag)
9. Spider Tag
10. Tag Tournament
11. TV Tag
12. Elbow Tag
13. Truth/False Tag
14. Amoeba Tag
15. Hospital Tag
16. Reverse Tag
17. Marco Polo
18. Spiders and Flies
19. Prisoners Base
20. What Time is It Mr. Fox

### **BALL GAMES:**

1. Clean Up Your Backyard
2. Speed Ball
3. Treasure Hunt
4. Bump and Bite
5. SPUD
6. Wall Ball
7. Atomic Bomb
8. Space Invaders
9. Bridge Ball
10. Pickle
11. Mummy
12. Koosh Ball
13. Kitty Corner

### **MOTION GAMES:**

1. Jingle Jangle
2. Red Light, Green Light
3. Soda Fountain
4. Remote Control
5. Relay Races
6. Steal the Bacon
7. Animal Crawl
8. Changing Places
9. "I Like"

### **ELEMENTARY GAMES:**

1. Listening/Clapping Game
2. Simon Says
3. Cool Corner
4. Head's Up Seven Up
5. Telephone Relay
6. Baby Bird Finder
7. Duck Duck Goose
8. I SPY
9. Shape Up
10. Grid Master
11. Lily Pad Leap
12. Bubble Gum
13. Camping Trip
14. Doggy Doggy
15. Hot Potato

### **BIG GAMES:**

1. Numbers Game
2. Harry Potter and the Sorcerer's Stone
3. Points Game
4. Handball
5. Kickball
6. Dodgeball
7. Capture the Flag
8. Drop-Zone
9. Big Play
10. Knights and Dragons
11. Guard Dog
12. Vampire
13. Golf Toss
14. Four Score
15. Four Square

### **LOW INTENSITY / RAINY DAY GAMES**

1. Hide the Button
2. Quaker Meeting
3. Color Walk
4. Limbo Contest
5. Detective
6. Trivia
7. Memory
8. Spit Back
9. 20 Questions
10. Rock Paper Scissors Tournament