

Name: ANSWER SHEET

Cont. Training Exercise: Behavior

Below are some examples of behavioral issues that may arise during class. Write down how you would handle each situation to ensure class remains **safe** and **fun** for each child.

1. You are teaching a 13 kid Sports Spectacular class by yourself and the sport today is soccer. Sally says she hates soccer and doesn't want to play. She wants to sit on the sideline and pout.

Solution or Action to Take:

START BY LETTING HER KNOW "THE RULE IS EVERYONE HAS TO PLAY FOR AT LEAST 5 MINUTES BEFORE THEY CAN SAY THEY DON'T LIKE THE GAME OR DON'T WANT TO PLAY.

IF THIS DOESN'T WORK, EXPLAIN TO SALLY THAT SHE CANNOT SIT BY HERSELF ON THE SIDELINE. LET HER KNOW THAT IF SHE DOES NOT WANT TO PLAY SHE NEEDS TO "WALK WITH ME" WHILE YOU FACILITATE THE GAMES BEING PLAYED. (OFTEN IF A CHILD IS NOT ALLOWED TO SIT, THEY WILL OPT TO PLAY IN THE GAME ANYWAY). REINFORCE THAT AT ANY TIME SHE CAN JUMP INTO THE GAME.

2. In flag football class you notice 2 boys on opposite teams are getting very competitive and aggressive. During a play one boy pushes the other instead of grabbing his flag.

Solution or Action to Take:

THE STUDENT WHO PUSHED THE OTHER BOY MUST SIT IN THE PENALTY BOX FOR 2 MINUTES. IF IT CAN NOT BE DETERMINED WHO IS AT FAULT, BOTH CHILDREN GO TO THE PENALTY BOX FOR 2 MINUTES. TRY AND KEEP THIS CASUAL, IT DOESN'T NEED TO BE A BIG DEAL AT THIS POINT

MAKE SURE YOU HAVE A CONVERSATION ABOUT KEEPING THEIR HANDS TO THEMSELVES AND THE RULES OF THE GAME. INCLUDE WARNING ABOUT NEXT TIME – SIT OUT OF GAME / CONVERSATION WITH PARENT.

CLOSE THE LOOP – HAVE BOTH STUDENTS SHAKE HANDS AND REMIND STUDENTS THAT COMPETITION IS OK, AS LONG AS IT'S SAFE AND INCLUDES SPORTSMANSHIP

KEEP A CLOSE EYE – MONITOR THESE STUDENTS CLOSELY FOR THE REMAINDER OF THE CLASS.

3. You are teaching a K-2 basketball class and working on shooting. The baskets are low, but one child is still having trouble shooting and cannot even hit the backboard. Other students start to tease him and tell him how bad he is at basketball.

Solution or Action to Take:

IMMEDIATELY TAKE ACTION AND PUT AN END TO THE TEASING.
REMINDER TO ALL STUDENTS – BE NICE, BE KIND, OR BE GONE.

REINFORCE SPORTSMANSHIP AND MAKE IT A CENTRAL THEME TO THE REST OF THE CLASS. ANY STUDENT DEMONSTRATING POOR SPORTSMANSHIP OR TEASING WILL SIT OUT IN THE PENALTY BOX FOR 2 MINUTES. REPEAT OFFENDERS WILL NOT BE ALLOWED TO PLAY GAMES AND A CONVERSATION WILL BE HAD WITH THEIR PARENTS.

TEACH STRUGGLING STUDENTS WITH SOME ONE ON ONE MOMENT/ATTENTION. FOR EXAMPLE, INSTRUCT THE SHOOTER TO USE THEIR LEGS. OBSERVE WHETHER OR NOT ANY IMPROVEMENT IS MADE.

TRY USING DIFFERENT EQUIPMENT (LIGHTER BALL, ETC.) AND SEE IF THE STUDENT HAS BETTER RESULTS.

INCORPORATE NEW SCORING FOR ALL PLAYERS TO ACCOMMODATE ANYONE STRUGGLING WITH TRADITIONAL SCORING (POINTS FOR ATTEMPTING A SHOT, POINTS FOR HITTING NET, ETC.)

4. You are teaching a very wild class of 3-5th graders. They talk over you, don't follow the rules, climb on the PE equipment, touch the balls without permission, step on your cones to flatten them, etc. You are having trouble even getting a warm up game started because the kids won't listen.

Solution or Action to Take:

BLOW WHISTLE AND BRING THE GROUP TO THE BASELINE OR WHEREVER A STRUCTURED GATHERING PLACE MIGHT BE. WAIT UNTIL THEY ARE QUIET. YOU DO NOT NEED TO YELL OVER THEM.

EXPLAIN TO THEM THAT THEY CANNOT CONTINUE UNTIL THERE IS LISTENING AND FOLLOWING DIRECTION – SAFETY MUST BE MET TO PLAY GAMES.

USE TRIVIA TO SET A NEW TONE AND GET THE KIDS FOCUSED AND BACK ON TRACK.

AVOID “PUNISHING THE WHOLE GROUP”. IF POOR BEHAVIOR CONTINUES, INDIVIDUAL OFFENDERS SHOULD BE SENT TO THE PENALTY BOX FOR 2 MINUTES. DON'T BE AFRAID TO USE ‘1 CLAP, 2 CLAP’ TO GET EVERYONES ATTENTION.