

GaGa Ball

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Smash it! Dodge it! Step into the “pit” and play! GaGa Ball is the most popular game you’ve never heard of. This game is a fan favorite at almost every summer camp in the world. GaGa Ball is similar to dodgeball, but instead of an open, divided field throwing across at each other, this game is played inside an octagon court where players “Bop” the ball off the ground and off the walls at each others legs! Coaches will discuss the safety and game rules at the beginning of each class. A rubber playground ball is used to keep the bouce alive! For player’s protection, the ball may only be bounced below the waist. Come be a part of the fun and games and really learn what it means to be on the edge of your seat and the tips of your toes! Join the game today!

Skills to focus on: Hitting, dodging, accuracy, jumping

Facilities: ***SPECIAL EQUIPMENT NOTE:** This game/program requires a GaGa Ball court. Before offering or suggesting this program to a partner, you must confirm the school/facility has a GaGa court onsite or barriers can safely be created to simulate a GaGa Court.

Safety: Be aware when scrimmaging of children getting hit in the face with the ball and running into each other in the confined play area (octagon). If outdoors, make sure that children are not tempted to run out of playing area and into street/parking lot in order to retrieve a ball.

Tips: Keep games quick and short. This will promote more playing time and less waiting time for players who get out. Limit the number of players inside the court/octagon at a time to avoid collisions. Coaches should NOT play or participate in scrimmaging.

Skills/Drills

1. Hitting
2. Dodging
3. Accuracy
4. Jumping

Games:

1. Gaga Ball
2. Domination Gaga Ball
3. Mayham Gaga Ball
4. Team Gaga Ball
5. Defender Gaga Ball
6. Numbers Game Gaga Ball
7. Dynasty Gaga Ball
8. Traitor Gaga Ball
9. World Cup Gaga Ball
10. Four Square Gaga Ball