



THE OTA BIRTHDAY PARTY

How to Get Started

Suggested Description

Looking for a great party theme for your child's upcoming birthday? Overtime Athletics is ready to celebrate and offers Sports Spectacular Birthday Parties. OTA will provide the sports equipment, coaches, and a gift bag for the birthday child. Pick from any activity in our programming catalogue or a combo of sports and games!

B-Day Party Program Logistics

1-2 Hours

Ages/Grade – Elementary/Middle School

Location – Parent must secure playing space/area/field

The sports activity is chosen by the customer but must be from our programming catalogue

One Parent (minimum) must be present for the entire event

*Customer Explanation - our participation in the Birthday Party is only to provide athletic instruction and games. We do not secure space, send out invitations, provide food/drink/cake, or party favors

Things to Consider with Customer:

- Be sure to discuss the 'weather options' based on where the program is intending to run.
- The programming day card (party agenda) should be created then discussed with the customer to make sure it meets their needs and expectations.

Equipment & Gear

OPTIONAL (based on location): Tent, Tablecloth, Table, Yard Sign, Banner

Equipment Needed based on Birthday Party Theme (Basketballs, Soccer balls, Footballs, Wiffle balls/bat, Dodgeballs, Flags, Floor Hockey Sticks, Tennis Balls, Tennis Racquets, Kickballs

Running Club equipment – hurdles, ladder, etc.

Cones – stand Up, circle

Jerseys – At least two different colors

Score Board – electronic, flip style

Whiteboard

Whistles

Set Up Instructions

ALL BASED-ON PARTY LOCATION AND THEME:

- Tent over table w/tablecloth

Playing Area Footprint:

ALL BASED-ON PARTY LOCATION AND THEME:

- Cones, Goals, Etc.

Coaches:

- Staff onsite 15min prior to start
- Make sure Coaches are in uniform – T-Shirt
- Make sure Coaches have whistles and Agenda
- Optional: tell coaches to wear sports jerseys or sports t-shirts

Program Tips

Establish area for kid's water bottles (where applicable)

Make sure there is a warm-up activity or 'beat the coaches' challenge set up when kids arrive

OPTIONAL: Have music playing on field upon campers' arrival

Create Sports Trivia questions to ask kids

Key Notes

B-day Child can pick teams/games if they want

Can have the group sing Happy B-Day to child

Make sure games are competitive – no blowouts, be conscience of the birthday child's experience

****Be sure to THANK Parents for allowing us to be a part of their child's Birthday Party**

How to Run Sports Spectacular Birthday Party

Before playing any kind of game huddle the entire group up and divide them up. Camp games, skills/drills and scrimmage play should always be grouped by ages.

Every game, skill or drill outlined and referenced in the following comes directly from Overtime Athletics Curriculum. To locate all games, skills, drills, and instructions use our online resources.

www.otathletics.com > Instructor Login Portal > Curriculum Resources