

Name: ANSWER SHEET

Cont. Training Exercise: Instructor Strategies and Tips

Here are scenarios that you may come across as an OTA Instructor. **What would you do?**

- You get to your program & realize you forgot your equipment. Name 3 games you can play today without any equipment.
COOL CORNER
SHARKS AND MINNOWS (OR ANY TAG GAME)
WACKY RELAY RACES
- You are running a basketball class for younger kids and realize that they cannot reach the baskets to shoot. What are 2 alternative things that you can do to still incorporate shooting in the class?
PICK A SPOT ON THE GYM WALL TO SHOOT AT FOR POINTS
USE YOUR ARMS TO MAKE A HOOP FOR THE STUDENTS TO SHOOT THREW
- You have a class of 12 and only 6 kids show up today. What are 3 games you can play with just those 6 kids?
NUMBERS GAME
SKILLS CONTEST
BEAT THE COACH
- Your programming day card was made for an outdoor program utilizing lots of space. When you get to the school you realize the weather is bad so you must stay inside in a classroom. Name 3 games you can play in a confined space.
COOL CORNER
GRID MASTER
OTA TRIVIA CHALLENGE
- You have a child who is constantly misbehaving, causing a distraction for the rest of the class. What are 3 ways you can handle the situation?
CONSEQUENCES – PENALTY BOX, CLEAN UP DUTY, NOT ALLOWED TO GIVE INPUT, LIKE THE REST OF THE STUDENTS ON ANY CHOICES/DECISIONS.
WARNINGS – IF BEHAVIOR DOESN'T CHANGE, YOU WILL SPEAK TO PARENTS, PRICIPAL.
PD HELP – SPEAK TO YOUR PROGRAM DIRECTOR TO DISCUSS STRATEGIES FOR THE REST OF THE PROGRAM.
- You are the only Instructor at a program and one of the kids gets a bloody nose. How do you handle the situation?
BLOW WHISTLE AND HAVE CLASS COME BACK TO MEETING SPOT.
HAVE VOLUNTEER STUDENT GO TO BATHROOM TO GET PAPERTOWELS.
STOP NOSE BLEED; THANK CLASS FOR HELPING AND BEING PATIENT.
CONTINUE WITH PROGRAM.

- During your class parents are observing the program. What are 3 themes you should be emphasizing with a parent audience?

HIGH FIVES, GOOD SPORTSMANSHIP
HIGH ENERGY AND POSITIVE ENTHUSIASM
TEACHING AND DISCIPLINED ENVIRONMENT (STUDENTS ADHERING TO RULES)
- You get to your 25 kid class that you are scheduled to work with another Instructor. The other Instructor does not show up, what do you do?

CALL/TEXT INSTRUCTOR, CALL PROGRAM DIRECTOR
START THE PROGRAM ON TIME
“SLOW PLAY” WARM UP GAME – CHOOSE EASY TO MANAGE GAME
THINK QUICKLY TO DESIGN PDC THAT ROTATES GROUPS DOING GAMES OR ACTIVITIES FREQUENTLY.
GROUP NOT IN GAME SHOULD BEHAVE WHILE WAITING THEIR TURN
- The game being played becomes ultra-competitive and a child on the losing team becomes very upset. What do you do?

TAKE STUDENT ASIDE AND GIVE THEM A MINUTE TO CALM DOWN
EXPLAIN SPORTSMANSHIP
LET THEM KNOW EVEN LEBRON JAMES LOSES GAMES
- At the conclusion of attendance, you discover that you have a child present who is not on the roster. What do you do?

CHECK WITH FRONT DESK/OFFICE IMMEDIATELY
CALL PROGRAM DIRECTOR TO CONFIRM STUDENT WAS NOT ADDED LATE
KEEP STUDENT UNTIL ADMINISTRATOR OR PARENT CAN BE CONTACTED TO CONFIRM ENROLLMENT OR PICKUP
- Your program is scheduled to take place outside, and you have a child in your class that complains about going outside because of their shoes, or clothing, or weather (too hot, too cold). What do you do?

IGNORE. NO CHOICE HERE.
LET STUDENT KNOW TO DRESS APPROPRIATE NEXT WEEK.
FOR TODAY, THEY CAN PARTICIPATE AS “YOUR HELPER”
- You are working a program with another instructor and the other instructor shows up without equipment. How should you proceed?

HANDLE PROGRAM WITH THE EQUIPMENT YOU HAVE
INFORM PROGRAM DIRECTOR IF IT HAPPENS MORE THAN ONCE
- The game or sport or activity of the program turns out to be too advanced for the group you have signed up for the class. How should you proceed?

LONGER WARM UP GAME SEGMENT
DUMB IT DOWN, CHANGE RULES TO ALLOW FOR EASIER PLAY

- One of the students in your class seems emotionally upset. It's not clear what may have caused this. What do you do?
DON'T MAKE IT A FOCAL POINT FOR THE WHOLE CLASS
FIND OPPORTUNITY TO HAVE HIGH FIVES MOMENT
CHECK AND SEE IF WHAT HAS MADE THEM UPSET HAS ANYTHING TO DO WITH THE CLASS
IF NOT, CHECK AND SEE IF THEY WANT TO TALK ABOUT WHATEVER IT MIGHT BE (HOME, SCHOOL, BULLYING, ETC.)
GIVE PARENT A HEAD'S UP AT DISMISSAL
- The PTA Coordinator has requested that the program include a broader age group than we normally allow. This affects the way you run the program and teach skills of the sport. What do you do?
RUN TWO STATIONS OF SKILLS AND DRILLS TO ACCOMMODATE AGES
FOCUS ON CONTESTS RATHER THAN COMPETITIVE GAMES
TRY SLO-MO SCRIMMAGING (FASTEST YOU CAN GO IS SPEED WALKING)
- Parents arrive late for pickup. What do you do?
CHECK WITH PTA COORDINATOR IF ONE IS PRESENT ABOUT PROTOCOL
CALL PARENT CONTACT NUMBER TO GET A SENSE OF ARRIVAL TIME
EXPLAIN OUR DISMISSAL POLICIES AT PICK UP
INFORM PD IF IT HAPPENS TWICE